**Confidentiality Policy**

I will try to treat all the information you share as confidential. However, there are some exceptional circumstances where this will not be possible and direct action may need to be taken to protect the health and welfare or you or others. We will have a collaborative conversation regarding this first wherever possible.

**By exceptional circumstances I mean:**

* When a young person discloses that they have been abused in any way and that they are at risk of harm by not taking direct action.
* When a young person discloses serious issues within the family.
* When other young people are at risk of serious harm e.g. siblings left in an abusing home.
* Where a person’s mental, physical or emotional state means that they are unable of making a positive decision for themselves and there is a risk of serious harm to themselves or others.
* When a young person discloses an intention of committing a serious crime and could cause harm to others.
* When it is known that a serious crime has been committed and has caused harm to others.
* When the Police make enquiries about a serious offence or incident that I have information about.

**By direct action we mean:**

Following discussion with my experienced and qualified Clinical Supervisor who abides by this Confidentiality Policy the information you share will be passed to another professional and, or, relevant agency.

e.g. **GP, Child and Adolescent Mental Health Services** (**CAMHS**) **Social Services, Police**